



# PALATHINKAL VARTHA PATHRIKA

NEWS LETTER OF PALATHINKAL KUDUMBAYOGAM

Vol. 2

April 2009

## *Message from your President*

Dear family members,

Greetings to you.

With abundant happiness and satisfaction, we are presenting the second issue of Palathinkal Vartha Pathrika, before you.

This issue has 4 pages. We have tried our best to include as much data as possible. But, supply of data by members is yet to start in full flow. We request the representatives from all branches to keep us posted on all important news from their branches.

As you are aware our intention is to keep every member informed of what is happening in our family and thus to bond our fraternity further. We are sure that our Vartha Pathrika will soon become a most sought after News Letter by our members.

Let us work together and bring in more and more laurels to our great family. We profoundly thank the contributors of articles for this issue.

Please do not forget to send your suggestions and comments.

Thank you all.

Isaac Palathinkal

## A REMINDER TO ALL FAMILY MEMBERS

We request all members to provide details, Photographs, etc for publishing in the columns of 'Palathinkal'.

It could be any of the following:

1. Marriage
2. Birth
3. Obituary
4. House warming
5. Achievements of members / children
6. Articles of common interest
7. Recipe
8. Quotable quotes
9. Poems
10. Jokes
11. Changes in Address, Phone no, Email ID, etc

We shall try to include them in the News Letter, subject to availability of space.

Please start sending them now itself to  
*Isaac Palathinkal, 28/880 Palathinkal, K.P.Vallon Road,  
Cochin 682 020*

or

*to your representative in Executive Committee*

(Please provide Name and Address of the sender also.)

## Secretary's Report

This year had been an year of hectic activities. Most important achievements being preparation of Palathinkal Kudumba Charithram for release on 1<sup>st</sup> May 09, during our Annual Kudumbayogam meeting, Initiation of Palathinkal Endowment Fund and distribution of Palathinkal Vartha Pathrika. I thank all of you for the excellent contribution rendered for making these ventures big successes.

We had regular meetings of Executive and Editorial committees as mentioned below:

- 24-08-08 Combined meeting of Executive and Editorial committees at the residence of Mathew Joseph, Kottayam  
26-09-08 Editorial committee meeting at the residence of Mrs. Omana Mathew, Kottayam  
07-12-08 Combined meeting of Executive and Editorial committees at the residence of Chandy Joseph, Cochin  
30-01-09 Editorial committee meeting to review the contents and make correction in Kudumba Charithram, at the office of Ranjit Mathew, Kottayam  
24-03-09 Executive committee meeting combined with Kudumbayogam picnic boating at Kottayam hosted by Ranjit Mathew and Kuiran I.Palat (Ranjit). 26 members participated in the picnic and enjoyed the fellowship.

Next meeting of Executive meeting to make final arrangements for our Annual Kudumbayogam meeting is scheduled to be held on 19<sup>th</sup> April 09 at the residence of Mathew Joseph, Kottayam.

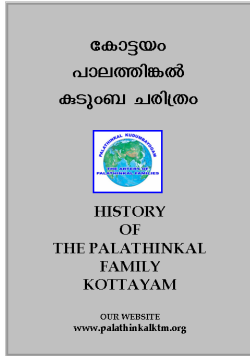
As decided during the last Executive committee meeting, our Annual Kudumbayogam meeting is scheduled to be held in two sessions. Holy Communion, Inaugural meeting, Business session and Keynote address by chief guest will be in the morning session. Entertainments and Release of Palathinkal Kudumba Charithram will be in the After Noon session. Invitation for the same is separately attached to this Vartha Pathrika. All of you are requested to make note of the date, time and venue and be present for the meeting on time.

Thank you all.

Mathew Joseph, Secretary

## Palathinkal Kudumbacharithram

Two and a half years of hard work by all of you have yielded the due results. Our Kudumbacharithram has gone to the Press. We expect it to be ready for release, sales and distribution during our Annual Kudumbayogam meeting on 1<sup>st</sup> May 09.



The contents of the Kudumbacharithram are:

Family History – English & Malayalam  
Palathinkal Family and the Christian Churches  
Palathinkal Kudumbayogam  
വംശാവലി (Genealogy)  
Tributes  
Who is who ? Biodata & Addresses of individuals  
Memories of the past through photographs  
Memories of the present and the recent past through Photographs  
ഓർമ്മയിലെ നൂറുണ്ടുകൾ  
Memorial Pages  
List of contributors to Kudumbacharithram

The Charithram is expected to have about 300 pages in total and is provided with hard binding.

We thank all those who have contributed either through supply of data or through financial contribution and Memorial pages. But for this great help, we would not have been able to succeed in our venture.

Please book your copy in advance by paying Rs 300/- per copy. Those who contributed Rs 1000/- towards Kudumbacharithram Fund shall be given one copy free and those who contributed towards Memorial pages shall be given five free copies.

**THE EDITORIAL COMMITTEE OFFERS A BIG 'THANK YOU' TO ALL OF YOU**

*In these columns, we could include only those data, which we came to know through our limited means.  
We request each of you to regularly report such data to President or Secretary or to your representative in Executive Committee.  
This will place us in a better position to include more data in future issues.*

### ***Congratulations***



All India Food Processors' Association has awarded **VIJAY KUMAR MIMANI EXCELLENCE AWARD** to **Sri.George Isaac** for outstanding work towards the formulation of public policies and coordinating matters of concern to Food Processing Industries with authorities in the Governments at the Centre and the States. The Award carries a Silver Plate and a Citation.



**Sri.Isaac Palathinkal** has been elected from India Area to the 21 member **International Council of Y's Men International**. He is to serve the organization as ICM for 3 years from 2009-10.

### ***Wedding Bells***



The wedding of Anne Isaac (daughter of Mr.P.J.Isaac and Mrs.Sarasa Isaac, Mumbai) and Vikram Mani (son of Brig. Zacharias P. Mani and Mrs.Mathiri Mani, San Antonio, Texas) was solemnized on 27th December, 2008 at the Francis of Assisi Catholic Church, San Antonio, Texas.

Anne Isaac completed her PhD in Microbiology and is continuing post doctoral research work at University of Wisconsin. Vikram Mani is an Electrical Engineer working for Texas Instruments, Dallas

### ***New buds in families***

1. A baby boy, Abel Isaac is born to Bobby Isaac and Reni. Bobby is son of Isaac P.Isaac and Swati, Chennathara, Thiruvalla.
2. A baby girl, Christina Ann Thomas is born to Mareena and Jibin. Mareena is daughter of Mr.K.Jacob & Kochumariamamma Palathinkal, Cochin
3. A baby boy, Thomas is born to Sanu and Preethu. Sanu is daughter of our secretary Mathew Joseph and Sucy

## ***Obituary***

Members, who left us for their heavenly abode during the period Jan - Mar 09



### **MRS.DAISY ALEX**

Daisy, wife of Sri.V.J.Alexander and daughter of late Sri.P.I.Philip Palathinkal was called to her eternal rest on 5<sup>th</sup> December 08. Funeral was held on 6<sup>th</sup> December 08. She is survived by husband Kunjachen and daughter Neethu.



### **MRS.ALEYAMMA ABRHAM**

Aleyamma, wife of Sri.K.I.Abraham (Achenkunju) of Kalathra Kaduppil, Pariyaram expired on 10<sup>th</sup> February 09. Funeral was held on 15<sup>th</sup> February. She is survived by husband Achenkunju and sons Kunju, Babu and Shaji.

### **MR.BABY ZACHARIAH**

Baby Zachariah, Kannittayil, Karappuzha, husband of Mary Zacharia (Ammal, Palathinkal, Karappuzha) left us for his heavenly abode on 8-10-08. He is survived by wife Ammal, son Roshan and daughter Anila.

**PALATHINKAL KUDUMBAYOGAM OFFERS ITS HEARTFELT CONDOLENCE TO THE BEREAVED FAMILIES.**

## ***RECIPE***

compiled by



Mrs.Rekha Joydeep Mathai  
D Block 12 E  
Nagarjuna Pearl Bay Apartments, Puthya Road  
Kadavanthara P.O, Cochin 682 020  
0484 3018416

### **Beat and Bake Chocolate Cake with Chocolate Fudge Icing**

#### **Ingredients for the Cake:**

Maida - 1 ½ cups                      Cocoa - ½ cup  
Butter - 100 gms                      Eggs - 2  
Milk - 1 cup                              Sugar (granulated) - 1 cup  
Baking Powder - 1 ½ tsp      Vanilla essence - 1 tsp

#### **Method:**

Beat all the ingredients well with a beater till soft and creamy. Pour into a greased and dusted baking dish at 150 deg C for 40minutes.

#### **Ingredients for Chocolate Fudge Icing:**

Butter - 50 gms                      Milk - 3 tbsp full  
Vanilla essence - a few drops      Cocoa - 2 tbsp  
Icing sugar - 1 cup

#### **Method:**

Dissolve cocoa in warm milk, add icing sugar & butter. Cook till boiling. Cool slightly and add vanilla essence. Spread on top of the cake.

*Editorial committee had requested you through these columns for articles of common interest for publication in our Palathinkal Vartha Pathrika.*

*Vivek Jacob Mathai, son of Joydeep Mathai and Rekha, volunteered and gave the following article on 'Friendship'. We congratulate Vivek and request all of you once again to write articles of common interest and send to us.*

An article on 'friendship'



## **FRIENDSHIP**

by

Vivek Joydeep Mathai  
S/o Joydeep Mathai  
D Block 12 E  
Nagarjuna Pearl Bay Apartments, Puthya Road  
Kadavanthara P.O, Cochin 682 020

I value 'friendship' the most. Friendship are emotions which are greater than oceans. Friendship always comes from the heart and makes it difficult to part.

True friendship never ends. A true friend cares for you, shares all that they have with you and loves you because 'you are you'. When you are sad, a friend cheers you and makes you smile. A little gesture of concern can make a heavy heart feel lighter. A small deed of thoughtfulness can make the whole day bright and sunny.

I care for my friends. Friends can't be appointed, so I don't like to make them disappointed. To me, friends are million times more valuable than pearls and crystals. All you need to nurture friendship is a few drops of love. To friendly hearts miles away, I send them letters and mails to show I care.

And here is an tip to make friends. All you have to do is to

**"JUST OPEN OUT YOUR ARMS, AND OPEN OUT YOUR HEARTS"**

### ***Palathinkal Endowment Fund***

As already explained through these columns, our objective is to have a sizeable amount in 'Palathinkal Endowment Fund', interest or income from which can be utilised for social service, mainly to promote education and all round development of younger generation in society, for Palathinkals or even for non Palathinkals. Since the amount now available with us is not sufficient for big projects, we can start the activities in a small way, by introducing few prizes for those securing first few ranks from M.T.Seminary school, Kottayam.

Members have already started contributing towards this fund. We expect generous contributions from our family members, without which we cannot succeed in our efforts. Since we morally owe it to the society, every willing member of our family is requested to contribute to this fund, any amount they can afford to spend.

Kindly send your contributions (if not already sent) to President, Secretary or Treasurer. **You may please draw your cheque in favour of 'Palathinkal Kudumbayogam'. We expect your whole-hearted support and contribution.**

Isaac Palathinkal, (President)  
28/880 Palathinkal,  
K.P.Vallon Road,  
Cochin 682 020

Mr.Mathew Joseph (Secretary)  
Palathinkal, Thalappady West  
Rubber Board P.O,  
Kottayam 686 009

Mr.Bhasi Joseph Iype (Treasurer)  
Arakkal, MRF Road  
Vadavathoor P.O Kottayam 10

### **IMPORTANT ANNOUNCEMENT**

***We are planning to launch our family website [www.palathinkalktm.org](http://www.palathinkalktm.org) during annual meeting of our Kudumbayogam on 1<sup>st</sup> May 09***